



2010



10K - 5K RACE & WALK

Sunday, May 23, 2010

Penn State - Altoona

8:00 am Start

Walk or Run to Stop Violence Against Women

Every 10 seconds

*a woman is assaulted in the United States
by a stranger, a friend or most likely a partner.*

Show your support for women across America, especially Blair County. Ask your family and friends to join you for great exercise and a great cause as you walk or run through the beautiful campus of Penn State Altoona.

**10K Run
5K Walk (3.1 miles)**

**5K Run
Lollipop Race (Ages 3 - 10)**

For more information or registration:

Family Services Incorporated
Website
Email

814.944.3583 ext. 705
www.familyservicesinc.net
race@familyservicesinc.net